



BAGELS & SCHMEARS

Butter	\$3.25
Cream Cheese	\$4.50
Scallion Cream Cheese	\$5.25
Vegetable Cream Cheese	\$5.25
Lox Scallion Cream Cheese	\$6.25
Lox Cream Cheese	\$6.25
Walnut Raisin Cream Cheese	\$5.25
Low Fat Cream Cheese	\$5.25
Low Fat Vegetable	\$5.25
Tofu Scallion	\$6.50

WAY BEYOND BAGELS



PANCAKES & MORE

3 Buttermilk Pancakes	\$9.95
3 Whole Wheat Pancakes	\$9.95
1.1.1.	\$9.95
1 Pancake, 1 Egg, 1 Bacon Strip & 1 Sausage Link	
2.2.2.	\$14.70
2 Pancakes, 2 Eggs, 2 Bacon Strips, 2 Sausage	
Belgium Waffle	\$9.95
Waffle Supreme	\$13.95
1 Waffle, 2 Eggs, 1 Bacon Strip & 1 Sausage Link	
Strawberries & Cream Waffle	\$12.95
Cinnamon Almond Challah	\$10.95
French Toast	
Classic Challah French Toast	\$10.95
French Toast Supreme	\$13.95
2 Eggs, 1 Bacon Strip & 1 Sausage Link	
Matzo Brei	\$9.95
Nova, Eggs & Onions with Matzo	\$14.95
Cheese Blintzes	\$13.95
Blueberry, Banana, Walnuts, Strawberries, Chocolate Chips +\$1.95 ea	

LIGHTER WAY

Granola, Yogurt & Fresh Fruit	\$9.95
Hummus & Fresh Fruit	\$9.95
Cottage Cheese & Fresh Fruit	\$9.95
Served with Bagel, Bagel Chips or Toast	



EGGS & OMELETS

3 Eggs Any Style	\$11.95
3 Eggs Any Style	\$12.95
With Bacon or Sausage	
3 Eggs Any Style	\$12.95
With Turkey Bacon or Turkey Sausage	
Cheese Omelet	\$13.95
Nova, Eggs & Onions	\$15.95
Greek Omelet	\$14.95
Spinach, Tomatoes & Feta Cheese	
Spanish Omelet	\$14.95
Onions, Peppers and Homemade Salsa	
Western Omelet	\$14.95
Ham, Onions & Green Peppers	
Meat Lovers Omelet	\$14.95
Sausage, Ham & Bacon	
California Avocado Omelet	\$14.95
Scallions, Tomatoes, Cheddar & Avocado	
Create Your Own Omelet	\$14.95
Egg Whites	\$1.95
Additional Egg	\$1.95

Served with your choice of Home Fries, Tomato, Fruit, Oatmeal or Grits and a choice of Bread or Bagel

SMOKED FISH

Platter or Sandwich served with your choice of cream cheese, lettuce, tomato and onion

Nova	\$17.95
Belly Lox	\$17.95
Sable	\$23.95
Sturgeon	\$23.95
Whitefish	\$17.95
Baked Salmon	\$17.95
Whitefish Salad	\$15.95
Baked Salmon Salad	\$15.95

BEVERAGES

Hot Coffee or Tea	\$3.25	Unsweetened Iced Tea	\$3.75
Iced Coffee	\$3.75	Fountain Soda	\$3.25
Fresh Orange Juice	\$5.95	Snapple	\$3.25
Fresh Grapefruit Juice	\$5.95	Dr. Browns	\$2.95

BREAKFAST SANDWICHES

Two Eggs	\$6.50
Egg & Cheese	\$7.70
Bacon, Egg & Cheese	\$9.70
Ham, Egg & Cheese	\$9.70
Egg Whites & Cheese	\$8.70
Sausage, Egg & Cheese	\$9.70
Turkey Sausage, Egg & Cheese	\$9.70
Turkey Bacon, Egg & Cheese	\$9.70
The Long Islander	\$9.70
Bacon, Egg and Cheese, Salt, Pepper, Ketchup	
The Jersey Shore	\$9.70
Taylor Ham, Egg and Cheese	



BREAKFAST BURRITOS

Choice of Original, Whole Wheat, Spinach or Sundried Tomato Wrap

Rise and Shine	\$10.95
Two Scrambled Eggs with Home Fries, Bacon and American Cheese	
The Cardiac Arrest	\$13.95
Two Scrambled Eggs with Home Fries, Bacon, Ham, Sausage and American Cheese	
Muscleman	\$14.95
Three Egg Whites with Turkey, Avocado and Alpine Lace	
The Healthy Person	\$13.95
Two Egg Whites with Spinach, Avocado and Tomato	
The 441	\$12.95
Two Scrambled Eggs with Home Fries, Avocado, Sausage, Peppers Onions and American Cheese	
Southwest	\$12.95
Two Scrambled Eggs with Home Fries, Ham, Peppers, Onions and Salsa	
Western	\$12.95
Two Scrambled Eggs with Home Fries, ham, peppers and onions	



SIDES

French Fries	\$5.95	Sausage	\$5.95	Coleslaw	\$3.95
Home Fries	\$5.95	Bacon	\$5.95	Macaroni Salad	\$3.95
Oatmeal	\$4.95	Turkey Sausage	\$5.95	Cucumber Salad	\$3.95
Grits	\$4.95	Turkey Bacon	\$5.95	Potato Salad	\$3.95
Strawberries	\$4.25	Fruit Salad	\$5.95		

BREAKFAST SPECIAL

2 EGGS & HOME FRIES \$8.95

Choice of Sliced Tomato
Oatmeal or Grits
Toast or Bagel
Coffee, Tea or Fountain Soda

Add Bacon, Ham,
Turkey or Sausage \$11.95

Served Monday thru Friday until 11 AM
Dine in Only
No Sharing | No Substitutions

WARNING: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.



SIGNATURE SALADS

Grilled Chicken Greek	\$15.95
Romaine, Grilled Chicken, Feta, Diced Tomato, Cucumber, Red Onion, Kalamata Olives	
California Cobb	\$15.95
Romaine, Hard Boiled Egg, Avocado, Bacon, Chicken, Cheddar Cheese, Diced Tomato, Cucumber	
Antipasti	\$15.95
Romaine, Genoa Salami, Provolone, Roasted Red Peppers, Chopped Red Onion, Tomato and Black Olives and Garbanzo Beans	
Chef	\$15.95
Romaine, Turkey, Ham, Swiss, Egg, Tomato, Cucumber and Carrots	
Chicken Caesar	\$15.95
Romaine, Grilled Chicken, Shaved Parmesan, Croutons	
Asian Chicken	\$15.95
Romaine, Grilled Chicken, Broccoli, Scallions, Mandarin Oranges, Crispy Noodles, Sesame Seeds	
Chicken Milanese	\$15.95
Romaine, Breaded Chicken Cutlet, Shredded Mozzarella, Tomato, Cucumber, Carrots	

CREATE YOUR OWN
CHOPPED SALAD

GREENS \$11.95

Romaine

COMPONENTS

Tomato	Peppers	Strawberries
Cucumber	Scallions	Walnuts
Carrot	Feta Cheese	Sesame Seeds
Onion	Cheddar Cheese	Avocado +\$1.50
Broccoli	Shaved Parmesan	Hard Boiled Egg +\$1.50
Chic Peas	Sun Dried Tomatoes	Egg Whites +\$2
Corn	Dried Cranberries	
Celery	Raisins	
Scallions	Mandarin Oranges	
Black Olives		
Kalamata Olives		

PROTEINS + \$5.75

Grilled Chicken	Roast Beef	Tuna Salad
Chicken Cutlet	Turkey Burger	Egg Salad
Chicken Tenders	Turkey off the Bone	
Chicken Salad		

SIGNATURE WRAPS

Veggie Avocado	\$11.95
Romaine, Sprouts, Cucumber, Tomato Carrots, Avocado	
Asian Chicken	\$13.95
Romaine, Mandarin Oranges, Almonds, Sesame Seeds, Crispy Noodles, and Grilled Chicken	
Southwest Chicken	\$13.95
Grilled Chicken, Black Beans, Corn, Tomato, Salsa	
Sliced Chicken Breast	\$13.95
Melted Cheddar, Bacon and 1000 Island	



SALAD PLATTERS

Served with lettuce, tomato, onion and cucumber and your choice of side salads

Tuna Salad	\$14.45
Low Fat Tuna Salad	\$14.45
Chicken Salad	\$14.45
Waldorf Chicken Salad	\$14.45
Low Fat Chicken Salad	\$14.45
Egg Salad	\$13.95
Egg White Salad	\$13.95
Hummus	\$12.95
Salad Duo	\$15.95

DRESSINGS

Balsamic Vinaigrette | Honey Mustard | Greek | Caesar | Ranch | 1000 Island | Italian | Sesame Ginger | Oil & Vinegar | Blue Cheese

WAY BEYOND BAGELS

FROM THE GRILL

Grilled Cheese	\$9.45
Grilled Cheese & Ham	\$10.45
Grilled Cheese & Bacon	\$11.45
Grilled Cheese, Bacon & Turkey	\$12.45
Grilled Chicken Philly	\$13.95
Provolone & Onions	
Monte Cristo	\$13.95
Turkey, Ham, Swiss Cheese On French Toast	
French Dip	\$13.95
Roast Beef, Onions & Provolone	
Turkey Reuben	\$13.95
Turkey, Swiss & Sauerkraut	
Tuna Melt	\$13.95
Patty Melt	\$13.25
On Rye With Swiss & Grilled Onions	
Turkey Burger	\$10.95
Grilled Chicken	\$12.95
Lettuce & Tomatoes	
Chicken and Waffles	\$13.95
Chicken Tenders & Fries	\$9.95

Served with Your Choice of Coleslaw, Potato Salad, Macaroni Salad, Cucumber Salad or French Fries

Grill Closes at 2 pm

CHOPHOUSE BURGERS

8oz fresh and juicy all-beef burger patty grilled to order. Served with your choice of side salad or fries and a pickle

Hamburger	Bacon Cheeseburger	Sunny Burger	Cali Burger
Includes lettuce, tomato, onion	Topped with crispy bacon and melted American Cheese.	Topped with sunny-side up egg, bacon, tomato and melted cheddar cheese	Topped with avocado, lettuce, tomato, onion and melted cheese of your choice
Add cheese \$1	Includes lettuce, tomato, onion		
\$11.95	\$13.95	\$15.95	\$13.95
Grilled Onions, Mushroom, Jalapenos \$0.95 ea, Bacon or Avocado \$1.50 each			

SIDES SALADS

Coleslaw	\$3.95	French Fries	\$5.95	Pickles	\$2.95
Cucumber Salad	\$3.95	Knish	\$5.95	Chicken Noodle Soup	\$5.95
Potato Salad	\$3.95	Sweet Potato Fries	\$5.95	Matzo Ball Soup	\$6.95
Macaroni Salad	\$3.95	Potato Latke	\$3.95	Soup of the Day	\$6.95



DELI SANDWICHES

Served with your choice of side salad or fries and a pickle

Tuna Salad	\$12.95	Turkey Off The Bone	\$14.95
Vegetable Tuna Salad	\$12.95	Roast Beef	\$14.95
Low Fat Tuna Salad	\$12.95	Bacon, Lettuce & Tomato	\$12.95
Egg Salad	\$11.95	Turkey BLT	\$15.95
Egg White Salad	\$11.95	Genoa Salami	\$11.95
Chicken Salad	\$12.95	Ham & Cheese	\$11.95
Low Fat Chicken Salad	\$12.95	Honey Maple Turkey	\$13.95
Waldorf Chicken Salad	\$12.95	Grilled Chicken	\$14.95
Honey Mustard Chicken	\$12.95	Chicken Cutlet	\$14.95

SIGNATURE SANDWICHES

Served with your choice of side salad or fries and a pickle

Honey Bee #3	\$14.95	The Naked Tony	\$14.95
Honey Maple Turkey, Sliced Brie and Honeybee Dressing in a Spinach Wrap		Turkey off the Bone, Roast Beef, Coleslaw, Cherry Peppers, Sliced Pickles and Russian Dressing on a Kaiser Roll	
The Hi-Man	\$14.95	The Johnson Special	\$14.95
Roast Beef, Melted Provolone and Horseradish Mayo on Rye Toast		Chopped Grilled Chicken Caesar Salad with Crispy Bacon in a Whole Wheat Wrap	
The Kush	\$14.95	Cluck'n Russian	\$14.95
Chopped Chicken Tenders, Shredded Cheddar, Bacon, Lettuce, Cucumber, Carrots and Ranch Dressing in a Wrap		Breaded Chicken Cutlet, Melted Cheddar, Lettuce, Tomato and Russian Dressing on a Hoagie Roll	
Chicken Caprese	\$14.95	Big Fat Greek Wrap	\$14.95
Grilled or Breaded Chicken Cutlet with Roasted Red Pepper, Mozzarella and Tomato on a Hoagie Roll with Balsamic Glaze		Chopped Lettuce, Cucumber, Red Onion, Tomato, Kalamata Olives, Feta Cheese and Grilled Chicken in a Sundried Tomato Wrap	